

NIH Career Development Award Workshop

Example of a Table for a Career Development Plan:

Year	Area	Percent effort	Activities
1	Education	10%	Ethics Course, Course ABC
	Research	50%	Begin Aim 1
	Scholarship	10%	Abstract, Manuscript 1
	Mentors	3%	Meetings
	Prof. Meetings	2%	Gordon Research Conference
	Clinical Service	25%	
	Total	100%	
2	Education	10%	Grant writing course, Course XYZ
	Research	50%	Begin Aim 2, visit FAMOUS LAB to learn ABC
	Scholarship	10%	Abstract, Manuscript 2
	Mentors	3%	Meetings
	Prof. Meetings	2%	National Society Meeting (poster presentation)
	Clinical Service	25%	
	Total	100%	
3	Education	5%	National Workshop
	Research	50%	Complete Aim 1; begin Aim 3
	Scholarship	10%	Manuscript 3; plan R01 application
	Mentors	3%	Meetings
	Prof. Meetings	2%	National Society Meeting (poster presentation)
	Clinical Service	25%	
	Total	100%	
4	Research	60%	Complete Aim 2
	Scholarship	10%	Manuscript 4; submit R01 application
	Mentors	3%	Meetings
	Prof. Meetings	2%	Gordon Research Conference
	Clinical Service	25%	
	Total	100%	
5	Research	60%	Complete Aim 3; data analysis
	Scholarship	10%	Manuscript 5; submit R03 application
	Mentors	3%	Meetings
	Prof. Meetings	2%	National Society Meeting (poster presentation)
	Clinical Service	25%	
	Total	100%	